Addressing Racism Ground Rules

- Listen with resilience, hanging in there when hearing something that’s hard to hear.
- Speak personal truths that respect others’ truths.
- Speak using “I statements” assuming others can deduce the meaning in ways that apply to them.
- Don’t speak for entire groups of people.
- Observe confidentiality.
- Respect other people’s boundaries and whether they’re ready to talk about a particular subject.