

When the Light is at Work in Us



The inner work of the Spirit, the Light, can be mysterious and easy to overlook. The Spirit works through our regular, everyday feelings, gifts, thoughts, and relationships. It takes practice to be able to sense where God might be at work in us. We might feel an increased capacity for kindness or a rising sense of the need to mend a quarrel.

The outward work of the Spirit can also be mysterious and can also be easy to overlook. Ordinary people doing ordinary things are often doing the work of love and justice in the world and have been guided or inspired by that which is eternal.

How do we tell the difference between our own thoughts and thoughts that seem to be inspired by the Divine Presence?

Give it the Love Test

When you think about every part of this idea or action, is there love and kindness directed to everyone this thought or action might touch?

Give it Time

Wait several days and see if the promptings of your heart still seem to be calling you in the same direction. "Before you are clear, you are unclear." Discernment takes time.

Give it to a Larger Group

Ask your family or Friends in your meeting to help you understand or discern what the nature of this proposed course of action might be.

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