

## Spiritual Formation Collaborative Reading and Video List (5.22)

### Introduction to A Spiritual Life

Carol Conti-Entin, *Improvisation and Spiritual Discipline* PHP288

Jenny McCarthy. "An Experience of the Divine." pp. 271-272 in *Spirit Rising: Young Quaker Voices*

Sadie Forsythe, "Tokenism", pp. 330-331 in *Spirit Rising: Young Quaker Voices*

### Our Quaker Roots

Patricia Loring, *Listening Spirituality*, Vol. 1 Ch 1 - 2 (online)

Bruce Birchard, "*Burning Oneness Binding Everything*" PHP 332

Pradip Lamichbane, "Friends of the Truth", p. 227-229 in *Spirit Rising: Young Quaker Voices*.

George Fox, Early Prophetic Openings of George Fox (from his Journal, Ch 1 & 2)

How Quakerism Began [https://youtu.be/CmL\\_GhnXSJQ?list=PL-r97fEzGE2Th6OgcDQIY14jMi0wknb8u](https://youtu.be/CmL_GhnXSJQ?list=PL-r97fEzGE2Th6OgcDQIY14jMi0wknb8u)

How Quakers Got Their Name <https://youtu.be/Z2IWDwmaR38>

The History of Quaker Plain Speech <https://youtu.be/nBIVNK5Lq58>

### Spiritual Disciplines/Practices I

Thomas Kelly, *Testament of Devotion*, "The Light Within"

Patricia Loring, *Listening Spirituality*, Vol. 1, Ch 3 - 5

Quaker Spiritual Disciplines, Pat McBee [https://youtu.be/XhX\\_mv0WM0s?list=PL-r97fEzGE2Th6OgcDQIY14jMi0wknb8u](https://youtu.be/XhX_mv0WM0s?list=PL-r97fEzGE2Th6OgcDQIY14jMi0wknb8u)

Cynthia Bourgeault on Centering Prayer <https://www.contemplative.org/contemplative-practice/centering-prayer/>

Cynthia Bourgeault and Paulette Meier, Christian Spiritual Practice of Centering Prayer <https://youtu.be/LaaA5hJAI0c>

Anne Lamotte, *The Simple 3-Letter Prayer Anne Lamott Calls a Miracle | SuperSoul Sunday | Oprah Winfrey Network* [https://www.youtube.com/watch?v=vQtYqJ\\_FpvA](https://www.youtube.com/watch?v=vQtYqJ_FpvA)

### Spiritual Disciplines/Practices II

Jean N. Toomer. "Keep the Inward Watch" pp 57-60 in *Black Fire: African American Quakers*

*on Spirituality and Human Rights*

Brother Lawrence, *The Practice of the Presence of God* available as an audiobook with closed caption at [https://youtu.be/rRAs\\_BK1NR8](https://youtu.be/rRAs_BK1NR8)

Rex Ambler, [Exploring Spiritual Practices: Rex Ambler Conversation and Meditation with Marcelle Martin](#)

[Exploring Spiritual Practices: Rex Ambler Conversation and Meditation with Marcelle Martin](#)

**Worship (Mid-Year Retreat)**

William Taber, *Four Doors to Meeting for Worship*, PHP 306

Toomer, N. Jean. "What to do in the Meeting for Worship" pp.51-57 in *Black Fire: African American Quakers on Spirituality and Human Rights*

Gabriel Kody Hersh. "Burning: A Reflection on One Morning's Message." pp. 50-51 in *Spirit Rising: Young Quaker Voices* .

What to Expect in Quaker Meeting <https://youtu.be/hxjH4sa2RFI?list=PL-r97fEzGE2Th6OgcDQIY14jMi0wknb8u>

Quaker MfW, Pt 1: The Challenge of Sitting in Silence  
<https://youtu.be/H5GWZWSn6zY?list=PL-r97fEzGE2Th6OgcDQIY14jMi0wknb8u>

Quaker MfW, Pt 2: Giving Vocal Ministry <https://youtu.be/gws5EmDTFY0?list=PL-r97fEzGE2Th6OgcDQIY14jMi0wknb8u>

Quaker MfW, Pt 3: The Gathered Meeting <https://youtu.be/2G40lmLraNw?list=PL-r97fEzGE2Th6OgcDQIY14jMi0wknb8u>

What do Quakers do in Silent Worship? <https://youtu.be/QwHvgO2kxWM?list=PL-r97fEzGE2Th6OgcDQIY14jMi0wknb8u>

Is Quaker Worship Meditation? <https://youtu.be/fx90I4jN4-0?list=PL-r97fEzGE2Th6OgcDQIY14jMi0wknb8u>

How to Deepen Quaker Meeting for Worship <https://youtu.be/uXeJUf6Zh74?list=PL-r97fEzGE2Th6OgcDQIY14jMi0wknb8u>

**Discernment**

Barry Morley, *Beyond Consensus*, PHP 307

Loring *Listening Spirituality* Vol 2 Ch 3 (p 102-116) "John Woolman"

Loring *Listening Spirituality* Vol 2 Ch 3 (p 94-100) "Discernment of Personal Concerns and Leadings"

"Faithfully Participating in Meeting Decision-Making" (Handout)

William Boen, "Memoirs and Anecdotes of William Boen." pp. 6-15 in <i>Black Fire: African American Quakers on Spirituality and Human Rights</i> .
The Quaker Practice of Discernment <a href="https://quakerspeak.com/video/quaker-practice-discernment/">https://quakerspeak.com/video/quaker-practice-discernment/</a>
<b>Testimonies</b>
"Peace and Tranquility: The Quaker Witness." pp.98-105 in <i>Black Fire: African American Quakers on Spirituality and Human Rights</i>
Sandra Cronk. <i>Peace Be With You</i> <a href="https://wau.org/resources/article/peace_be_with_you">https://wau.org/resources/article/peace_be_with_you</a>
Thomas Kelly, <i>Testament of Devotion</i> , "Simplification of Life" "The Eternal Now & Social Concern"
Noah Baker Merrill, "Dispatches from the Lamb's War", p. 315-318 in <i>Spirit Rising: Young Quaker Voices</i> .
Megan E. Drimal, "Practicing Peace in a World of Impermanence", p. 153-155 in <i>Spirit Rising: Young Quaker Voices</i> .
Jim Pym, <i>Listening to the Light: How to Bring Quaker Simplicity and Integrity Into Our Lives</i>
<b>Individual and Community</b>
Sandra Cronk, <i>Gospel Order</i> , PHP 297.
Thomas Gates, <i>Members One of Another</i> , PHP 371
Patricia Loring, <i>Listening Spirituality</i> , Vol. 1, Ch. 6-7
<b>Discernment of Ministry</b>
Patricia Loring, <i>Listening Spirituality</i> , Vol.2 Ch 3 (67-top of 78) & (102-114) and Ch 4
Corinthians, <i>New Testament</i> , Chapter 12
Howard Thurman. "The Light that is Darkness." pp. 76-80 in <i>Black Fire: African American Quakers on Spirituality and Human Rights</i> .
Ashley M Wilcox, "Leadings." pp. 42-43 in <i>Spirit Rising: Young Quaker Voices</i> .
Wade Wright, "Wright's Discernment of Spiritual Gifts and Ministries" <a href="https://www.pym.org/spiritual-formation-program-collaborative/for-facilitators/spiritual-gifts/wrights-discernment-spiritual-gifts-ministries/">https://www.pym.org/spiritual-formation-program-collaborative/for-facilitators/spiritual-gifts/wrights-discernment-spiritual-gifts-ministries/</a>
For Examples of Gifts use Beth's list <a href="https://www.pym.org/spiritual-formation-program-collaborative/for-facilitators/spiritual-gifts/beths-spiritual-gifts-inventory-list/">https://www.pym.org/spiritual-formation-program-collaborative/for-facilitators/spiritual-gifts/beths-spiritual-gifts-inventory-list/</a> or Terrell-Wood's list <a href="https://www.pym.org/spiritual-formation-program-collaborative/for-facilitators/spiritual-gifts/terrell-woods-spiritual-gifts-self-survey/">https://www.pym.org/spiritual-formation-program-collaborative/for-facilitators/spiritual-gifts/terrell-woods-spiritual-gifts-self-survey/</a>

Valerie Brown, *Coming to Light: Cultivating Spiritual Discernment through the Quaker Clearness Committee*, PHP #446.

How to Listen for a Leading <https://youtu.be/K9D-RQ7Xr5Q>

How Quaker Meetings Support Ministry <https://youtu.be/Pdy-9XsnLog?list=PL-r97fEzGE2Th6OgcDQIY14jMi0wknb8u>