

When the Light is at Work in Us

The inner work of the Spirit, the Light, can be mysterious and easy to overlook.

The Spirit works through our regular, everyday feelings, gifts, thoughts, and relationships. It takes practice to be able to sense where God might be at work in us. We might feel an increased capacity for kindness or a rising sense of the need to mend a quarrel.

The outward work of the Spirit can also be mysterious and can also be easy to overlook. Ordinary people doing ordinary things are often doing the work of love and justice in the world and have been guided or inspired by that which is eternal.

How do we tell the difference between our own thoughts and thoughts that seem to be inspired by the Divine Presence?

Give it the Love Test--When you think about every part of this idea or action, is there love and kindness directed to everyone this thought or action might touch?

Give it Time—Wait several days and see if the promptings of your heart still seem to be calling you in the same direction. “Before you are clear, you are unclear.” Discernment takes time.

Give it to a larger group--Ask your family or Friends in your meeting to help you understand or discern what the nature of this proposed course of action might be.

At Quaker Meeting, we gather in unprogrammed worship. We have no minister and count on one another for ministry as the Spirit moves among us.

You are always welcome here. We hope you find it a place where you can bring yourself more and more fully into the presence of God/Spirit.

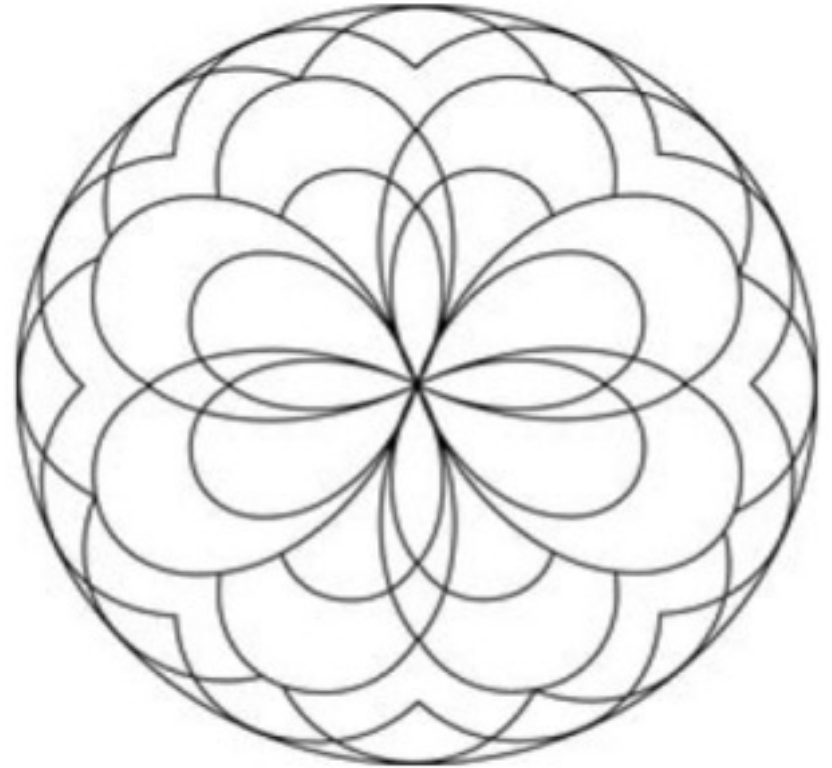
Although a connection between members of the circle may not be apparent in worship, there is a way in which every worshipping circle of Friends is a spiritual whole. We may feel this especially when words offered by another resonate with those already rising in our own heart.

No one person has the full measure of the Light. We depend on each other to sense the living presence of the Spirit more fully and more clearly.

*We invite you to consider
joining our worshipful journey.*

**(Your) Friends Meeting
(Quakers)
Worship on
Sunday 10:00am**

Kids are welcome here!



Art opens us to stillness and helps us
feel the Spirit's presence.

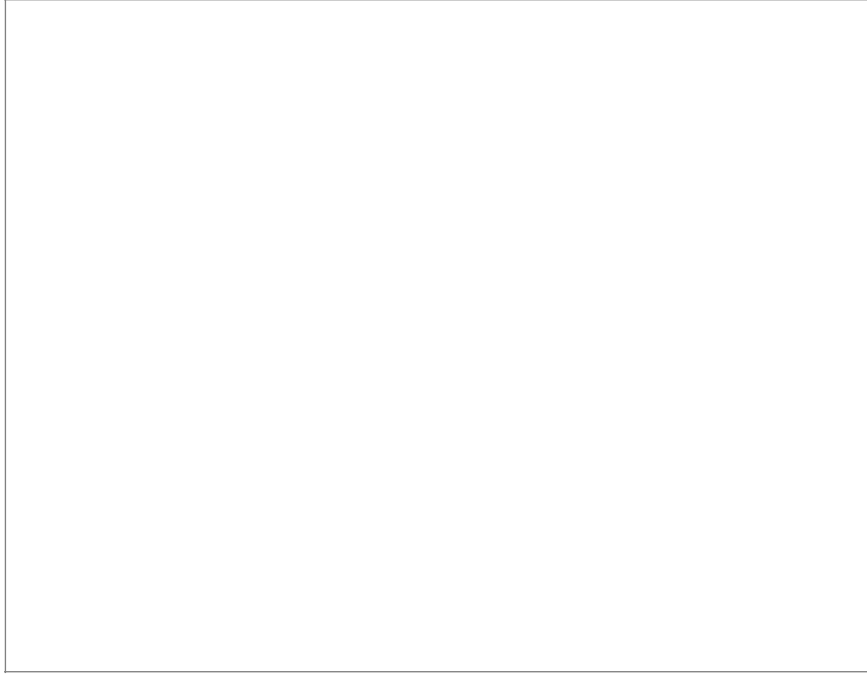
What patterns or colors can you add?

**(Your) Friends Meeting (Quakers)
address**

www.website.org

Imagination is a Path to peace

Draw what a peaceful world looks like to you.



Queries are a path to faithful living.

Quakerism is a lived faith. We ask ourselves special questions, called Queries, to help us think about how well what we do matches what we know is right and true.

1. Do you practice self-compassion to be gentle with yourself?

2. Do you try to act with kindness and consideration towards others?

3. Do you try to find something good and right about everyone, even people you might not like?



Can you find the path to the center?
It's not a straight line!



Thanks to Friends at New England Yearly Meeting for this resource